



Newsletter Issue 1, August 2009

What is Shadarobah?

Shadarobah means "May the future be better than the past" in a Native American language. Shadarobah rescues abused, starved, neglected or unwanted horses. We provide a safe, nurturing and loving environment for our equine friends.



Horse of the Month – Cupid

Featured this month is Cupid, a 3 year old gelding. Cupid is a beautiful sorrel and has a very sweet and friendly personality with his handlers as well as other horses. He walked in the "Aids Walk 2009" in downtown Ft. Wayne and did very well. Leads and trailer loads well, and is an "easy keeper". He is most likely a quarter horse cross and is approximately 14 hands. His groundwork is started and needs to be finished by a light rider. He has serious farrier issues and curbs in his back legs. Cupid is available for adoption or fostering.

Arrivals – Departures - Adoptions

Cola, Thunder, Angel, Bella, Deacon, Dakota, Rainy and Blue have all been adopted. Adoptions are pending for Beauty, Cisco and Charlie.

FOSTER FAMILIES NEEDED
Call for information

Calendar of Events

September 14th Volunteer Meeting at 6:30

September 16th Basic Horsemanship Classes
10 week course begins. Two classes every Wednesday starting at 6:00 and 7:30. Space is limited. Please call 260-410-1999 to register. Class curriculum will be posted on website soon.

October 17th Fall Benefit

Flier with list of events and times posted on website soon!

October 30th Trick or Treating

Come join the horses in costume for a spooky night of fun! More information coming soon!

Extreme Home Makeover Nomination

We are extremely excited to announce that one of the Shadarobah volunteers have spear-headed the nomination of Shadarobah Horse Rescue for the "Extreme Home Makeover" television show. This show follows the stories of individuals who deserve a once-in-a-lifetime chance to make their wishes come true. The lives of the selected families are forever changed, not just by changing the look but their destinies.

We would love Shadarobah to be chosen to have a complete makeover. Shadarobah has many needs; the largest being roof repair and proper drainage.

Help us bring Extreme Makeover to Shadarobah for a much needed and deserving transformation by signing the petition and writing letters supporting this effort. There is a mailbox inside the barn. Please feel free to drop off your letters. The application for Extreme Home Makeover will be mailed by Dec. 1, 2009. If you have any questions, please contact Amye Ford by email at agloverford51@aol.com or by phone 260-458-0055 (home) or 260-579-6716 (cell).



Always Wear a Helmet

How to Fit a Riding Helmet

Every rider should always wear a helmet. Look for a helmet that is ASTM/SEI certified. ASTM is the American Society for Testing and Materials, which sets the standards for helmets. SEI is the Safety Equipment Institute, which certifies that helmets meet those standards.

Put your helmet on right: Make sure the helmet is level. The visor should not tip up or down. Fasten the harness, making sure it is comfortably snug.

Check the fit of your riding helmet: Make sure the helmet fits snugly all the way around. Wiggle it back and forth and side to side; when it moves, your scalp and your eyebrows should move with it. If it slides freely, you need a smaller size. If it squeezes uncomfortably, go up a size.

Check the shape of your riding helmet: If the helmet squeezes your brow but still rocks freely side to side, it is too round for your head; if it fits at the sides but rocks back and forth, it is too oval. Many helmets come with fitting pads you can slip into the inside hatband to solve these problems. For example, if the helmet is too rounded, put a pad on each side. Or, try a different style with a more or less oval shape.

Check the brim of your riding helmet: The helmet's brim should rest ½ to one inch above your eyebrow. If it sits higher, you are not getting full protection; any lower, and it could obscure your vision. Some helmets can be adjusted with laces or foam pads to rest lower or higher. Or, try a style with a deeper or shallower crown.

Word Search Puzzle

K Y Q F O A L T R M V
Z G A L L O P E S O M
S R A U X S Y J D O P
R C E B I T S M N R B
A U A V W A K F A G J
A O C N B R I D L E E
V V L V T Z N O T U Y
V X L E N E N Q E H F
M E A U T P R S H O S
E P T O R T J B S O T
X A C N T N U O M F Z

Bit	Groom
Bridle	Hoof
Canter	Mount
Foal	Shetlands
Gallop	Trot



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We're on the web!
<http://www.shadarobah.com>

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